

Class 2: Index Notation

In this class we will start developing index notation, the key mathematical basis of Relativity. We will also learn how to describe flows of energy and momentum.

Class 2: Index Notation

At the end of this session you should ...

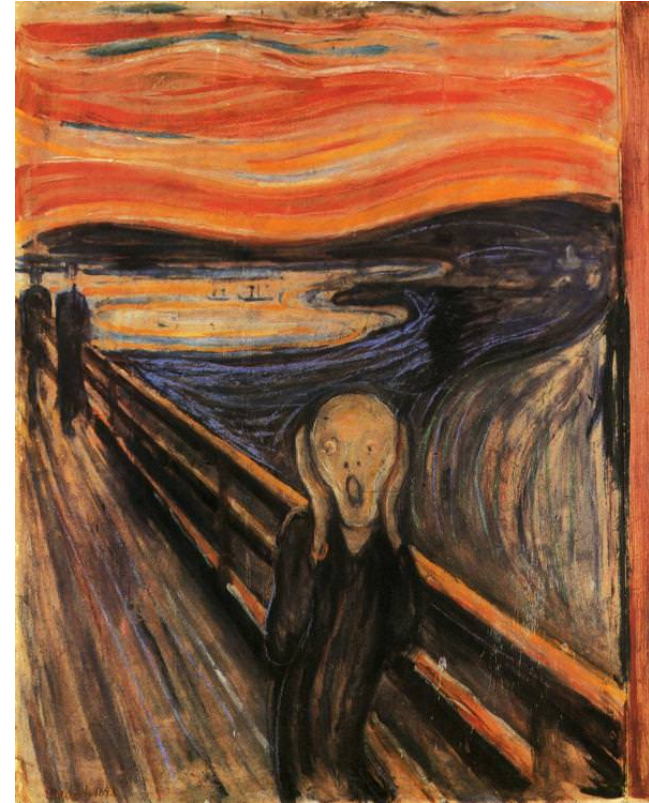
- ... **know some examples of 4-vectors and tensors**, objects whose components transform between different inertial reference frames using the Lorentz transformations
- ... **be developing some familiarity with index notation**: the difference between up- and down-indices, how one may be converted into the other, and summation rules
- ... **understand how the density/flow of energy/momentum** may be described by the matter-energy tensor $T^{\mu\nu}$

What is a 4-vector?

- A **4-vector** is an array of 4 physical quantities whose values in different inertial frames are related by the Lorentz transformations
- The prototypical 4-vector is hence $x^\mu = (ct, \mathbf{x}, \mathbf{z})$
- Note that the index μ is a superscript, and can take four values $\mu = \{0,1,2,3\}$, one for each element (e.g., $x^0 = ct$). *It doesn't mean "to the power of"*.
- We will meet subscript indices shortly!

Index notation

- When writing x^μ to describe an array of quantities, we are using “index notation” – the convenient mathematical approach for calculations in Relativity
- For example, by the end of the unit we will be encountering equations like ...

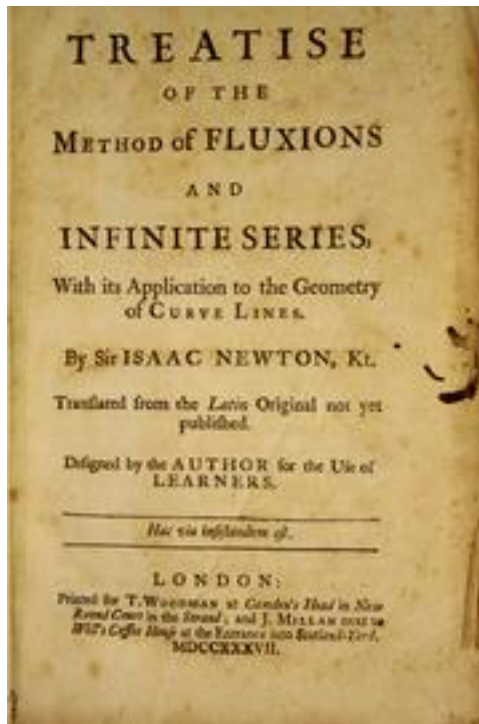


$$R_{\lambda\mu\nu}^{\kappa} = \partial_{\mu}\Gamma_{\lambda\nu}^{\kappa} - \partial_{\nu}\Gamma_{\lambda\mu}^{\kappa} + \Gamma_{\mu\alpha}^{\kappa}\Gamma_{\lambda\nu}^{\alpha} - \Gamma_{\nu\alpha}^{\kappa}\Gamma_{\lambda\mu}^{\alpha}$$

- *Aaargh!*

Index notation

- Good notation is always very important ...



<https://archive.org/details/methodoffluxions00newt>



- We will spend time practising using index notation

Producing 4-vectors

- **4-vectors are useful, because we know how their components transform between inertial frames**
- Since the Lorentz transformations are linear, the *sum/difference of 4-vectors* is also a 4-vector
- In particular, the difference in space-time coordinates is a 4-vector, $\mathbf{dx}^\mu = (cdt, dx, dy, dz)$
- New 4-vectors may also be obtained by *multiplying/dividing by an invariant*, such as the proper time interval $d\tau$ or the rest mass m_0

4-velocity and 4-momentum

- The 4-vector $v^\mu = \frac{dx^\mu}{d\tau} = (\gamma c, \gamma u_x, \gamma u_y, \gamma u_z)$ is known as the **4-velocity of a particle** with 3D velocity $\vec{u} = (u_x, u_y, u_z)$
- The 4-vector $p^\mu = m_0 v^\mu = (\gamma m_0 c, \gamma m_0 u_x, \gamma m_0 u_y, \gamma m_0 u_z) = (\frac{E}{c}, p_x, p_y, p_z)$ is known as the **4-momentum of a particle**
- This immediately tells us how the **energy and momentum of a particle transform between frames:**

$$E' = \gamma \left(E - \frac{v p_x}{c} \right) \quad p'_x = \gamma \left(p_x - \frac{v E}{c} \right)$$

“Down” 4-vectors

- A **“down” 4-vector** in Special Relativity is obtained simply by reversing the sign of the first component of a 4-vector
- For example, a down 4-vector is $x_\mu = (-ct, x, y, z)$
- This will be a very useful device in calculations, as we will now explore!

Invariants in index notation

- We have seen that a useful quantity in Special Relativity is the space-time interval $ds^2 = -c^2 dt^2 + dx^2 + dy^2 + dz^2$
- In index notation, this can be written as $ds^2 = dx_0 dx^0 + dx_1 dx^1 + dx_2 dx^2 + dx_3 dx^3 = \sum_{\mu=0}^3 dx_{\mu} dx^{\mu}$
- In index notation, this is abbreviated as $ds^2 = dx_{\mu} dx^{\mu}$
- **Greek indices which repeat on the top and bottom of an expression are always summed from 0 to 3**
- Note that *we can use any letter to indicate a summed index* – $dx_{\nu} dx^{\nu}$ and $dx_{\alpha} dx^{\alpha}$ are exactly the same!

Lorentz transformations

- The Lorentz transformations are written in index notation as $x'^{\mu} = L^{\mu}_{\nu} x^{\nu}$
- This is “four equations in one”, since $\mu = \{0,1,2,3\}$
- **Why??** The index ν appears on the top and bottom of the R.H.S. so is summed, leaving a single up-index μ



How can we make sense of “ $L^{\mu}_{\nu} x^{\nu}$ ”??

“If in doubt, write it out ...”

Lorentz transformations

- Let's write it out explicitly:

$$x'^{\mu} = L^{\mu}_{\nu} x^{\nu} = \sum_{\nu=0}^3 L^{\mu}_{\nu} x^{\nu}$$

$$\mu = 0 \rightarrow x'^0 = L^0_0 x^0 + L^0_1 x^1 + L^0_2 x^2 + L^0_3 x^3$$

$$\mu = 1 \rightarrow x'^1 = L^1_0 x^0 + L^1_1 x^1 + L^1_2 x^2 + L^1_3 x^3$$

etc.

- It is analogous to a **matrix multiplication**:

$$\underbrace{\begin{pmatrix} ct' \\ x' \\ y' \\ z' \end{pmatrix}}_{x'^{\mu}} = \underbrace{\begin{pmatrix} \gamma & -v\gamma/c & 0 & 0 \\ -v\gamma/c & \gamma & 0 & 0 \\ 0 & 0 & 1 & 0 \\ 0 & 0 & 0 & 1 \end{pmatrix}}_{L^{\mu}_{\nu}} \underbrace{\begin{pmatrix} ct \\ x \\ y \\ z \end{pmatrix}}_{x^{\nu}}$$

Raising and lowering an index

- The transformation from an “up” to a “down” 4-vector can be written as $x_\mu = \eta_{\mu\nu} x^\nu$. Again, this is “four equations in one”.

- $\eta_{\mu\nu}$ is a matrix $\begin{pmatrix} -1 & 0 & 0 & 0 \\ 0 & 1 & 0 & 0 \\ 0 & 0 & 1 & 0 \\ 0 & 0 & 0 & 1 \end{pmatrix}$ that reverses the 1st sign

- This is known as **lowering an index** ($x^\mu \rightarrow x_\mu$)
- Similarly, to **raise an index** we can write $x^\mu = \eta^{\mu\nu} x_\nu$, where $\eta^{\mu\nu}$ is the same matrix as above
- The same goes for 2D quantities, e.g. $L^{\mu\nu} = \eta^{\mu\lambda} L^\nu{}_\lambda$

Gradient transformations

- Consider a function of space-time co-ordinates $f(ct, x, y, z)$, which has gradients at a point $\left(\frac{1}{c} \frac{\partial f}{\partial t}, \frac{\partial f}{\partial x}, \frac{\partial f}{\partial y}, \frac{\partial f}{\partial z}\right)$. What are its gradients with respect to co-ordinates in S' , (ct', x', y', z') ?
- By the **chain rule**: $\frac{\partial f}{\partial x'^{\mu}} = \frac{\partial x^{\nu}}{\partial x'^{\mu}} \frac{\partial f}{\partial x^{\nu}}$
- Since $x^{\nu} = L_{\mu}^{\nu} x'^{\mu}$, we have $\frac{\partial x^{\nu}}{\partial x'^{\mu}} = L_{\mu}^{\nu}$ (“if in doubt, write it out”) so $\frac{\partial f}{\partial x'^{\mu}} = L_{\mu}^{\nu} \frac{\partial f}{\partial x^{\nu}}$
- The gradient of a function transforms using the Lorentz transformations: $\partial_{\mu} f = \left(\frac{1}{c} \frac{\partial f}{\partial t}, \frac{\partial f}{\partial x}, \frac{\partial f}{\partial y}, \frac{\partial f}{\partial z}\right)$ is a **down 4-vector**

Matter and energy

- To develop General Relativity we need to describe *how matter-energy is distributed, and where it's going*
- This is achieved by an object known as the **energy-momentum tensor** $T^{\mu\nu}$ (at each point of space-time)
- For now, we can think of a “tensor” as a 2D matrix
- $T^{\mu\nu}$ has two indices because momentum has a direction, but can also be transported in different directions (e.g., a flux of x -momentum in the y -direction, if x -moving particles are drifting in y)

Matter and energy

- *It raises an immediate question: how does a quantity with 2 indices transform between different inertial reference frames S and S' ?*
- The Lorentz transformation of a 4-vector x^μ :

$$x'^\mu = L^\mu{}_\nu x^\nu$$

- The Lorentz transformation of a 2D tensor $T^{\mu\nu}$:

$$T'^{\mu\nu} = L^\mu{}_\kappa L^\nu{}_\lambda T^{\kappa\lambda}$$

Energy-momentum tensor

- Draw a box around a point in space-time containing a bunch of particles carrying energy and momentum
- If the box contains 4-momentum dp^μ and is moving with velocity $\frac{dx^\nu}{dt}$, we define $T^{\mu\nu} = \frac{dp^\mu}{dV} \frac{dx^\nu}{dt}$
- Note that $T^{\mu\nu}$ is a “Lorentz-transforming quantity” because it is a product of two 4-vectors and a Lorentz scalar (the space-time volume element $dV dt$)
- *What are the different components of $T^{\mu\nu}$?*

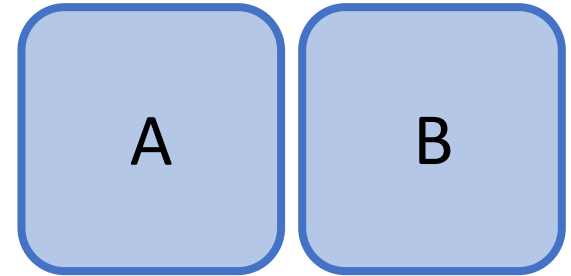
Energy density and flow

- T^{00} is the **energy density** at a point
- $T^{0i} = T^{i0}$ ($i = 1,2,3$) is the **flux of energy in the i -direction** or the **i -momentum density** ($\times c$)
- $T^{ij} = T^{ji}$ is the **flux of i -momentum in the j -direction** or the **flux of j -momentum in the i -direction**
- Hence the tensor is symmetric, $T^{\mu\nu} = T^{\nu\mu}$
- Let's get a better sense of what T^{ij} means ...

Energy density and flow



“The flux of i -momentum in the j -direction”? What does that mean??



- Consider two adjacent cubes of fluid A and B. In general A exerts a force \vec{F} on B through the interface dS (and B exerts an equal-and-opposite force on A)
- \vec{F} is equal to the rate at which momentum is pouring from A into B, such that the flux of momentum is \vec{F}/dS
- So T^{ij} is the **force per unit area** between adjacent elements

Perfect fluids



- Some forces, such as viscosity, act **parallel** to the interface between fluid elements
- For a **perfect fluid**, we only consider forces which act **perpendicular** to the interface, such that $T^{ii} = \text{pressure } P$, and $T^{ij} = 0$
- For a non-relativistic perfect fluid,

$$T^{\mu\nu} = \begin{pmatrix} \rho c^2 & 0 & 0 & 0 \\ 0 & P & 0 & 0 \\ 0 & 0 & P & 0 \\ 0 & 0 & 0 & P \end{pmatrix}$$

- *This applies to the Universe!* (see later!)

Energy conservation

- We can express **energy-momentum conservation** using the relation

$$\partial_{\mu} T^{\mu\nu} = 0$$

- This is four equations in one again – 1 for energy and 3 for momentum
- It's a local relation which applies at every point of space-time